

TARRAGONA

A MEDITERRANEAN SECRET

TARRAGONA
CRUISE PORT

COSTA DAURADA



WELCOME TO COSTA DAURADA

MAIN ATTRACTIONS AND APPROXIMATE TIMES FROM THE PORT

- **MAIN CITIES**
- 01

Tarragona · ⌚ 10'
- 02

Reus · ⌚ 19'
- 03

Vila-seca, la Pineda Platja · ⌚ 10'

**CISTERCIAN ROUTE**

04

Poblet Monastery · ⌚ 45'

05

Santes Creus Monastery · ⌚ 37'

06

Vallbona de les Monges Monastery · ⌚ 58'

**PARKS & RESORT**

07

PortAventura World · ⌚ 16'

**GOLF COURSES**

08

Infinitem · ⌚ 19'

09

Bonmont Golf · ⌚ 32'

10

Aigüesverds Golf · ⌚ 22'

11

Golf Costa Daurada · ⌚ 16'

12

La Graiera Golf · ⌚ 32'

- **WINE TOURISM**
- 13

DOQ Priorat · ⌚ 40'

14

DO Tarragona · ⌚ 20'

15

DO Montsant · ⌚ 40'

16

DO Penedès · ⌚ 44'

17

DO Conca Barbera · ⌚ 43'

18

DO Terra Alta · ⌚ 1h 10'

**AIRPORTS**

19

Barcelona Airport · ⌚ 55'

20

Reus Airport · ⌚ 13'

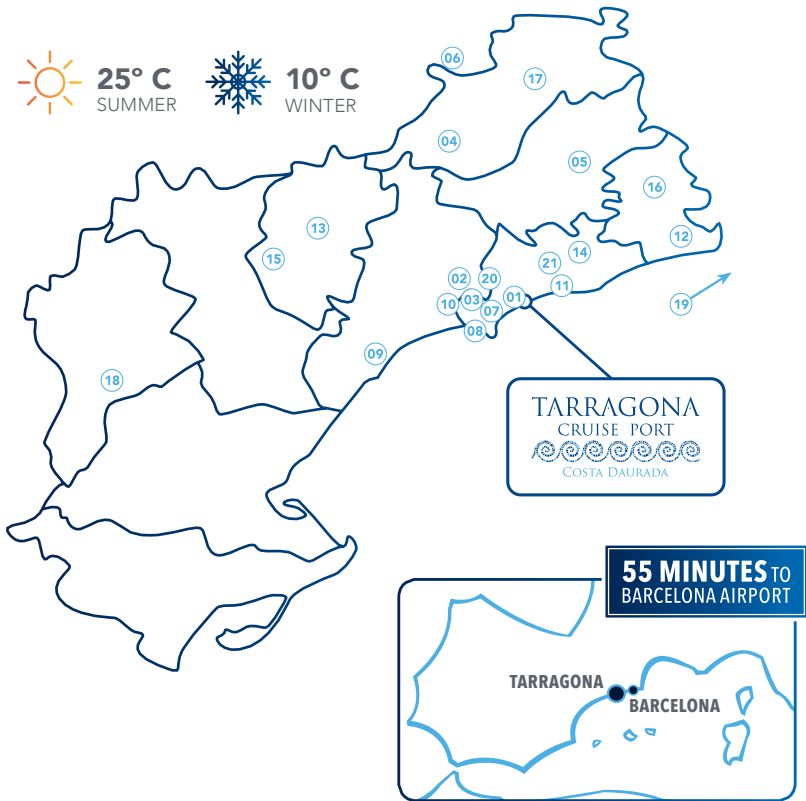
**TRAIN STATIONS**

21

High speed train station · ⌚ 20'

01

City train station · ⌚ 8'



TARRAGONA, UNESCO DESTINATION

“ The exquisite flavour of time.

The archaeological remains of old Roman Tarraco, considered a World Heritage Site since 2000, is recognized internationally by UNESCO, which recently declared it a site of Outstanding Universal Value, the highest category attainable.

What's more, the area is home to the Monastery of Poblet, a UNESCO World Heritage Site; the Ebro Delta, a UNESCO Biosphere Reserve; and human towers and Mediterranean cuisine, declared UNESCO Intangible Cultural Heritage of Humanity.



INTANGIBLE CULTURAL
HERITAGE OF HUMANITY

Tarragona, city of
human towers



WORLD
HERITAGE

Poblet monastery



WORLD
HERITAGE

The roman legacy
of Tarragona



INTANGIBLE CULTURAL
HERITAGE OF HUMANITY

Mediterranean cuisine



BIOSPHERE
RESERVE

Ebro Delta

ARCHAEOLOGICAL ENSEMBLE OF TARRACO

“A fascinating trip into the ancient past.

Tarraco was the capital of the Roman empire's largest province, Hispania Citerior, which spanned over half the Iberian Peninsula. It became a major hub and this era saw the region's greatest urban growth.

The main aim of the Roman Route is to offer visitors the chance to experience history through the city's major surviving monuments. These date back to the time when Tarraco was at the peak of its grandeur.



World Heritage
UNESCO

UNIVERSAL
EXCEPTIONAL
VALUE
SINCE 2015

WORLD
HERITAGE
SITE
SINCE 2000

AMPHITHEATRE



ROMAN CIRCUS AND PRAETORIUM



CULTURAL
TOURISM



PAST
CULTURE



HISTORY



TARRAGONA

YOU CAN'T MISS...

8 UNESCO MONUMENTS IN THE CITY CENTRE

- Amphitheatre
- Praetorium and Roman Circus
- Provincial Forum
- Temple (imperial cult complex)
- City walls
- Local Forum
- Roman Theatre
- Paleochristian Museum and Necropolis

6 UNESCO MONUMENTS IN THE NEARBY

- Aqueduct
- Centcelles monument ensemble
- Scipio Tower
- Mèdol Quarry
- Els Munts Villa
- Berà Arch



AQUEDUCT

MEDIEVAL TARRAGONA

“Follow in the footsteps of legends.”

The city of Tarragona is home to a number of monuments that give testimony to its medieval past. Abundant remains from Roman times are complemented by and coexist alongside Tarragona's rich medieval heritage, reaching their utmost expression in the city's cathedral, as well as other exceptional examples of medieval art and architecture.

Strolling through the city, visitors will discover jewels like the city walls, museums, ancient structures, the Chapel of St. Paul, the king's castle and the cathedral - the city's most emblematic building and home to Tarragona's richest collection of medieval art.



CATHEDRAL



CITY WALLS



CULTURAL
TOURISM



PAST
CULTURE



HISTORY



YOU CAN'T MISS...

TARRAGONA MEDIEVAL ROUTE

- City walls
- Pla de la Seu
- Cathedral
- Cloister
- Diocesan Museum
- Chapels of St. Paul and St. Tecla
- Church of St. Llorenç
- Old Santa Tecla Hospital
- Jewish quarter
- King's castle
- Provost's castle
- Church of Our Lady of the Miracle
- Tamarit castle



TAMARIT CASTLE



CLOISTER

ART NOUVEAU HERITAGE OF REUS

“Admire the mark of genius.”

Reus is a typical Catalan city, internationally recognized for its important Art Nouveau heritage and for its close link with the architect Antoni Gaudí, as well as being an ideal shopping destination.

In the late 19th and early 20th centuries some great Catalan Modernist buildings were constructed in Reus, making it the most important Catalan Modernist city in Catalonia after Barcelona.

You can visit the Gaudí Centre, a modern interactive museum dedicated to the life and works of Gaudí, where visitors can also find out more about the important architectural heritage of the city.



PERE MATA INSTITUTE



NAVÀS HOUSE



GAUDÍ CENTRE



CULTURAL
TOURISM



PAST
CULTURE



ART



YOU CAN'T MISS...

- Visit the Gaudí Centre and learn about Gaudí's art education and the secrets of his architecture.
- Navàs House is one of the best examples of Catalan Modernism in Europe, notable for the excellent state of preservation of its magnificent interior decor.
- Try Reus' famous vermouth in the different tastings along the Vermouth Route.
- Take a stroll through Reus' shopping area and discover the many top brands and great variety of local products there.



REUS SHOPPING



VERMOUTH, THE TRADITIONAL DRINK OF REUS

POBLET AND THE CISTERCIAN ROUTE

“A gem of the Cistercian Route.

Costa Daurada's interior is home to a fascinating mystical and religious legacy. The Cistercian Route links three monasteries, a set of architectural, historical and cultural monuments of great interest from Catalonia's illustrious medieval past.

Among these is the Poblet Monastery, which remains active even today, and has been declared a World Heritage Site by UNESCO.



World Heritage
UNESCO

WORLD
HERITAGE
SITE
SINCE 1991

NATURAL
PLACE OF
NATIONAL
INTEREST
SINCE 1984

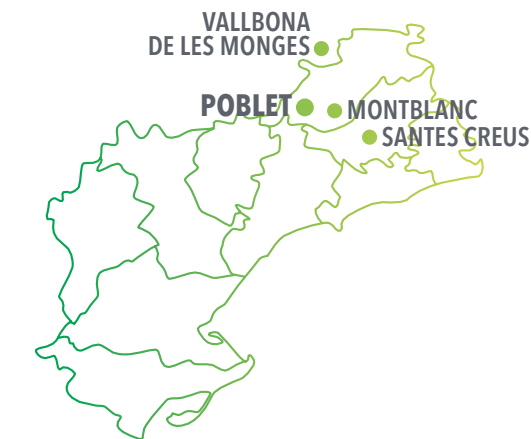
POBLET MONASTERY



SANTES CREUS MONASTERY



VALLBONA DE LES MONGES MONASTERY



YOU CAN'T MISS...

- Delve into the Poblet Nature Park on a hiking path to the Mirador de la Pena.
- Nearby you can visit Montblanc, declared a Collection of Historical-Artistic Monuments in 1947, which preserves a large part of the medieval walled town.
- Take your bike on the GR®175, The Way of the Cistercian Route! The only path that connects the Monasteries of Poblet, Santes Cruces and Vallbona de les Monges.



MONTBLANC WALLS



HIKING THE CISTERCIAN ROUTE

THE EBRO DELTA

“An incredible and unique landscape.

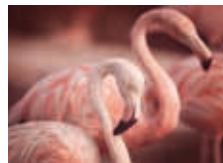
The Ebro Delta is a rich and diverse region where the waters of the Ebro cross rice fields, lagoons and sand flats until finally merging into the Mediterranean Sea.

The Ebro Delta is a land of great biological richness, perfect for birdwatching, especially during the migration season, since it's home to more than 325 species, 60% of the species in Europe.

UNESCO declared the Terres de l'Ebre to be a unique area of natural and human interest, the only one of its kind in the world, and bestowed on it the recognition of Natural Biosphere Reserve.



PUNTA DEL FANGAR



FLAMINGOS IN THE EBRO DELTA



PAELLA



KITESURFING AT TRABUCADOR BEACH



EBRO DELTA

YOU CAN'T MISS...

- Enjoy a tasty paella of fresh seafood or a delicious black rice made with rice from the Ebro Delta.
- Visit Trabucador Beach and let yourself be entranced by the numerous colonies of flamingos that live there, or watch the more than 325 species of birds that live in the Ebro Delta.
- Visit Rafelet Mill and discover how rice is grown and the entire process of bringing it to market, from beginning to end.
- Go for a stroll along Punta del Fangar to the lighthouse.
- Kayak the Ebro River.

VILA-SECA LA PINEDA PLATJA

“Enjoy nature, culture & wellbeing

Just 10 minutes from Tarragona, an authentic oasis with quiet beaches of fine golden sand where you can reconnect with nature awaits you. There you'll find a wide variety of leisure and entertainment options, with high-quality hotel facilities and great dining options using the best local produce.

The seafront area is one of the largest urban public spaces on the Costa Dorada, offering high-quality services and facilities in a beautiful natural environment of great ecological importance.

Two unique cultural sites stand ready to welcome you: Celler de Vila-seca, a place where tradition and technology come together to teach about the world of wine and its history, and Castell de Vila-seca, an impressive building that offers an exhibition space for contemporary art as well as tours.



CASTELL DE VILA-SECA



VILA-SECA



LA PINEDA PLATJA



INFINITUM



LA PINEDA PLATJA



LA SÈQUIA MAJOR



CELLER DE VILA-SECA

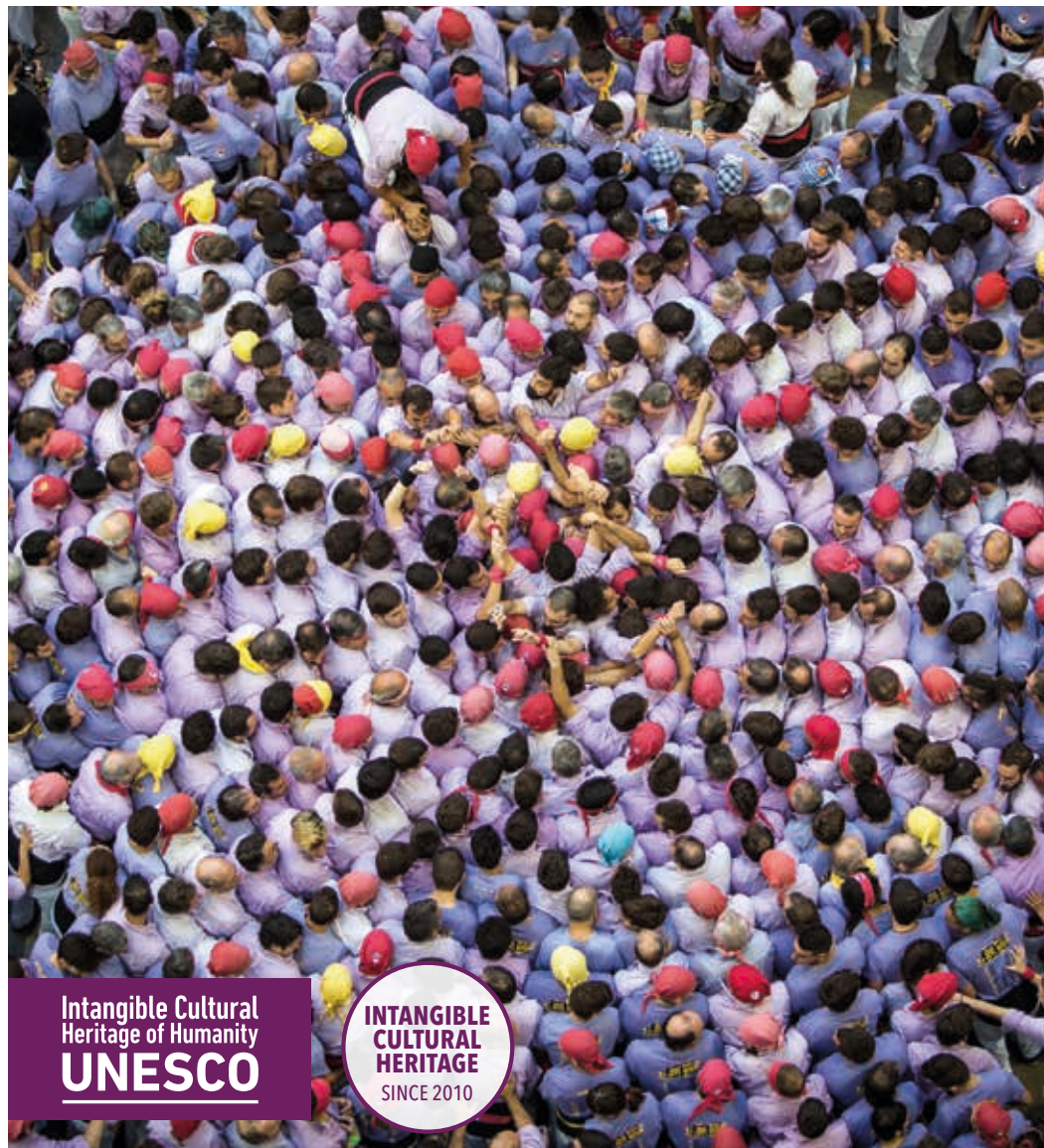
HUMAN TOWERS

“The most magnificent human construction.

Castells, or human towers, began in the region of Tarragona and were based on Valencian dances. The city of Tarragona has four groups of *castellers*, and today the city lives and breathes the *casteller* tower-building spirit and ambience like never before.

When building *castells* everyone has a specific task and position, from the oldest to the youngest. If someone is missing, the tower cannot be built. A great deal of bravery is involved too.

Because this is such a spectacular and completely unique tradition, in 2010 UNESCO declared it to be Intangible Cultural Heritage of Humanity.



Intangible Cultural
Heritage of Humanity
UNESCO

INTANGIBLE
CULTURAL
HERITAGE
SINCE 2010

COLLA JOVE XIQUETS DE TARRAGONA AT TARRAGONA HUMAN TOWER COMPETITION



HUMAN TOWER EXHIBITION



MONUMENT TO HUMAN TOWER BUILDERS IN TARRAGONA



CULTURAL
TOURISM



PRESENT
CULTURE



CULTURE &
TRADITIONS



YOU CAN'T MISS...

- From June to September don't miss out on all the activities happening in "Tarragona, city of human towers".
- If you are in Tarragona in October of any even year, don't miss the Biennial Human Tower Competition, the largest *casteller* event in the world.
- Visit Valls, the city considered to be the birthplace of human towers and km 0 for the world of *castellers*.



BIENNIAL HUMAN TOWER COMPETITION

MEDITERRANEAN DIET



CULTURAL
TOURISM



PRESENT
CULTURE



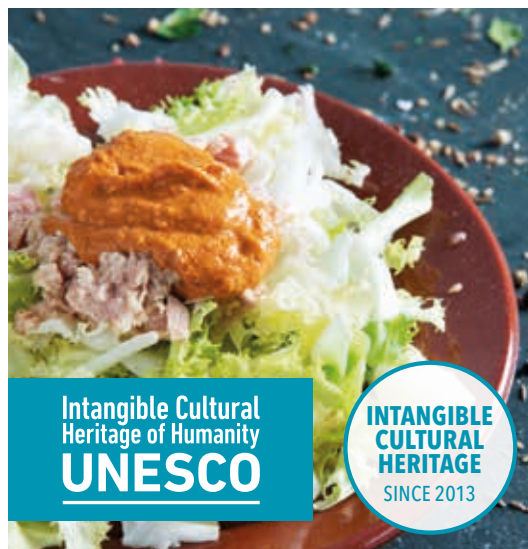
GASTRONOMY

“Taste the richness of the coast.

Traditional Mediterranean flavours and aromas are the basis of Tarragona's cuisine. The area's wealth of fresh ingredients, top-quality seafood, and traditional craft products provide the inspiration for an extensive list of delicious dishes.

Romesco is a very popular traditional dish as well as a cold sauce used to accompany all kinds of foods.

One of the foundations of the local culinary tradition is olive oil, which is of an exceptionally high quality and is made in the region under a Protected Designation of Origin.



Intangible Cultural
Heritage of Humanity
UNESCO

INTANGIBLE
CULTURAL
HERITAGE
SINCE 2013

XATÓ WITH ROMESCO SAUCE, TARRAGONA



TAPAS, TRADITIONAL SPANISH SNACK



SNACK WITH VERMOUTH, REUS



CALÇOTS WITH CALÇOT SAUCE, VALLS

ACTIVE TOURISM IN TARRAGONA



ACTIVE
TOURISM



NATURE

“Enjoy yourself in beautiful nature.

Tarragona is ideal for doing any sport, especially watersports (sailing, windsurfing, rowing, water-skiing, scuba-diving etc.) or adventure sports (such as routes by bike, quad, segway, and climbing).

The Costa Daurada's excellent climate offers golfers the opportunity to enjoy their favourite sport all year round, with seven golf courses in the vicinity.

In addition, the area offers many footpaths, and its incredible countryside and excellent network of paths make walking trips an unforgettable experience.



KAYAKING IN SIURANA



SAILING IN TARRAGONA



GOLFING ON THE COSTA DAURADA



CLIMBING IN SIURANA

PORTAVENTURA WORLD

“A world of unique experiences.

PortAventura World is a unique holiday destination with 3 theme parks for the whole family and five 4-star and one 5-star themed hotels.

It's home to one of Europe's foremost theme parks and water parks: PortAventura Park and Caribe Aquatic Park. Also, in 2017, a third theme park dedicated to the prestigious Italian firm Ferrari was added: Ferrari Land.

PortAventura Park boasts six marvellously decorated theme areas that together create a fascinating world. There are 40 rides and up to 40 dazzling shows every day as well as more incredible surprises.

Caribe Aquatic Park is an amazing water park, an authentic Caribbean pirate island that will delight guests of all ages with its 16 exciting rides and slides.



SHAMBHALA, PORTAVENTURA PARK



CARIBE AQUATIC PARK, THE MOST REFRESHING FUN



DISCOVER THE FAMILY AREA OF SÉSAMOAVENTURA



ENJOY DAILY SHOWS AT PORTAVENTURA PARK



ACTIVE
TOURISM



FAMILY
LEISURE



YOU CAN'T MISS...

- 2019 grand opening: New family attraction in the SésamoAventura theme area.
- From September to November PortAventura Park gets all dressed up for Halloween. Monsters, chilling characters and terrifying shows will enthrall the whole family.
- Music, lights and color take center stage at PortAventura Park from November to January. Remember what it's like to be a kid and let yourself be swept away with the excitement of Christmas!



HALLOWEEN AT PORTAVENTURA PARK



CHRISTMAS AT PORTAVENTURA PARK

FERRARI LAND

“Live the passion, feel the emotion.

Enjoy Ferrari Land for the first time ever in Europe. 70,000 m² of pure fun in a unique theme park that pays homage not only to the technological side of Ferrari, but also its role as an emblem of Italian genius and the origins of the brand.

Speed, innovation, adrenaline, leading attractions on an international scale – including Europe's highest and fastest vertical accelerator, Ferrari Land offers you a totally unique adventure that can only be experienced in the new PortAventura World theme park.



RED FORCE, EUROPE'S HIGHEST AND FASTEST VERTICAL ACCELERATOR



FERRARI LAND COMBINES TRADITION AND TECHNOLOGY



MARANELLO GRAND RACE



ACTIVE
TOURISM



FAMILY
LEISURE



YOU CAN'T MISS...

- The New Kids' Area, opened in 2018 with 5 themed Ferrari world attractions specially for the youngest ones.
- Experience speed like never before with Red Force. Standing at 112 meters, it accelerates from 0 to 180 km/h in just 5 seconds.
- Stroll through the streets of Ferrari Land, set in Italy, and enjoy recreations of emblematic buildings like the Colosseum in Rome and the St. Mark's Campanile in Venice.



FERRARI LAND GALLERY



ENJOY THEMED SHOWS IN FERRARI LAND

WINE TOURISM WITH 6 DESIGNATIONS OF ORIGIN

“Explore the origin
of great sensations.

Thanks to its six Designations of Origin, the Costa Daurada is home to a wide range of attractive options for touring the wine area, including winery tours, walking tours of the vineyards, festivals, wine tastings, and lunches with wine pairings.

No discussion of local wine would be complete without mentioning the DOQ Priorat, one of the only two areas with this distinction in Spain.



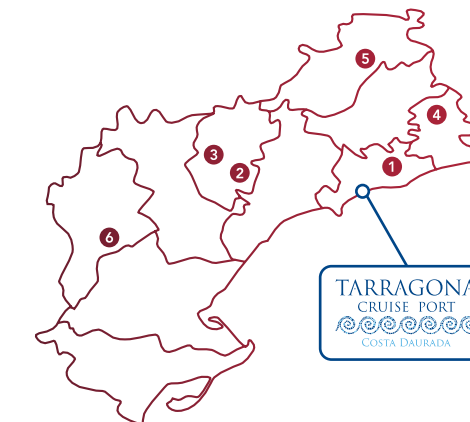
ADERNATS, NULLES



THE GRAPE HARVEST



CATHEDRAL OF WINE, NULLES



USEFUL INFORMATION

DESIGNATIONS OF ORIGIN (DO) AND APPROXIMATE TIME FROM THE PORT

- | | |
|---------------------|----------|
| 1. DO Tarragona | ⌚ 20' |
| 2. DOQ Priorat | ⌚ 40' |
| 3. DO Montsant | ⌚ 40' |
| 4. DO Penedès | ⌚ 44' |
| 5. DO Conca Barbera | ⌚ 43' |
| 6. DO Terra Alta | ⌚ 1h 10' |



VIEWS OF SIURANA AND SURROUNDINGS

CELEBRATE TRADITIONS AND CULTURE

“The living culture of a region.

Tarragona is also synonymous with festivals, and when they arrive, the celebrations spill over into the streets. The city's countless local traditions added to the more widespread Catalan festivities mean the calendar is full year round.

The list of festivities and celebrations is extensive, both in the capital, Tarragona, and all along the Costa Daurada.



THE FIRE OF THE DEVILS



PROCESSION ON GOOD FRIDAY



SANT JORDI, DAY OF BOOKS AND ROSES



FAREWELL TO A CRUISE SHIP



YOU CAN'T MISS...

- Sant Jordi, a Catalan holiday dedicated to love and culture, the city brims with scarlet roses and endless books.
- The Easter processions, which have been officially declared a Traditional Festival of National Interest.
- Tarraco Viva in May in Tarragona. This multiple day event is designed to raise awareness of ancient Roman history and culture with maximum scientific rigor.
- Santa Tecla, the patroness festivity of Tarragona, which has been officially declared a Traditional Festival of National Interest.



SANTA TECLA CELEBRATIONS, PATRONESS OF TARRAGONA



TARRACO VIVA, TARRAGONA

THE PORT OF TARRAGONA TODAY

The Port of Tarragona has grown substantially in the cruise segment and has refurbished its facilities with the construction of the Balears Wharf, inaugurated in October 2021. This is an investment that serves to expand with 4 hectares (40,000 m²) space for cruise operations.

ADVANTAGES OF MOORING IN TARRAGONA

- **Exclusive quay** for cruise ships
- **Passenger terminal**
- **Exclusive access** through the outer harbour
- **Availability of berths**
- **Easy docking operations**
- **Easy processing** of administrative procedures
- **Waiting area** for buses
- **Security presence** on site
- **Tourist information** on-board or ashore
- **Access controlled** to rest of commercial port
- **Strict control** of access to dock area



ARTANIA CRUISE, COSTA FAVOLOSA AND JEWEL OF THE SEAS, 2022

CRUISE FACILITIES

Balears wharf

	OUTER PIER	INNER PIER
Total surface area	4 hectares	
Length of berth	461.35 m	267.4 m
Maximum vessel length overall	362 m	210 m
Width of berth	200 m	18.4 m
Height of berth	2.70 m	2.88 m
Draught	18 m	17 m
Depth	20 m	
Bottom	sand, mud	
Type of bollards	200 Tn every 25 m	200 Tn every 20 m
Fenders	SC-1600, 25 m apart	C-1400, 20 m apart
Available for turnarounds, full services provided		



Llevant breakwater wharf

Pier code	11
Length of berth	707 m
Maximum vessel length overall	no limits
Width of berth	17 m
Height of berth	4.05 m
Mean lower low water (MLLW)	4.25 m
Mean higher high water (MHHW):	3.85 m
Draught:	19 m
Depth:	25 m
Bottom:	sand, mud, rocks
Type of bollards	100 Tn every 22 m
Fenders	cylindrical, 22 m apart





TARRAGONA

CRUISE PORT



COSTA DAURADA

FOR MORE INFORMATION
www.tarragonacruiseport.com
cruises@porttarragona.cat



Images courtesy of David Oliete - Concurs de castells, Joan Capdevila Vallve, Manel R. Granell, Pep Escoda, Rafael López-Monné / Patronat Municipal de Turisme de Tarragona; Joan Capdevila Vallve, Carina Roig / Patronat de Turisme de la Diputació de Tarragona; Patronat de Turisme de Terres de l'Ebre; Reus Promoció; Ajuntament de Montblanc; Roc Baldric / La Ruta del Cister; PortAventura World; Adernats - Vinícola de Nulles; Pep Escoda, Marc Gasch / Port de Tarragona; Francesc Virgili; David de la Cruz; Pili Borrellas. Published in January 2024.